



FOOD BANKS

Athens | Thessaloniki | Thessaly | Drama | Epirus | Crete

Annual Report 2022

Statistical Data

Delivering food at Kryoneri, Attica



Delivering food to the people affected by the earthquakes in Peloponnese



Food Bank

With the establishment of a food bank in Heraklion, Crete, the network now numbers six. We coordinate our actions, support each other, and help even more people, covering a large part of Greece. We will continue our efforts to help organise new food banks.

In 2022, the network distributed 2,172 tons of products helping more than 112,000 people. In total, it supported 324 soup kitchens and institutions, while 182 companies entrusted us with their products. The Athens Food Bank distributed 1,577 tons, compared to 1,644 in 2021. The Thessaloniki Food Bank saw an increase, with 433 tons in 2022, compared to 405 in 2021.

The 'Emergency Food Fund' project we launched in 2020, with targeted purchase and distribution of foods, is very successful. The detailed results are presented in the following pages. Special thanks go to the Andreas Mentzelopoulos Foundation, The Hellenic Initiative, TIMA Charitable Foundation and MYTILINEOS S.A., for supporting it through their donations. I especially want to note the support of the Sani | Ikos Group, which enabled us to send 55 tons of foodstuffs for the needs of Ukrainians, through the Romanian Food Bank.

The fight against the impact of climate change is creating a new and more expanded role for Food Banks. The destruction of food by burying it in landfills, or by other methods, is responsible for a significant share of

generated greenhouse gases. The European Union and individual countries, have begun to adopt legislation aiming to limit the destruction of surplus food not commercially viable. Food Banks play a crucial role in this process. In some European countries, manufacturers and distribution chains have entered into agreements with Food Banks for long-term cooperation. Sooner or later, such measures will be adopted in Greece as well.

A very warm thanks to all who contribute to our operating costs. They include the A. G. Leventis Foundation, the John S. Latsis Foundation, The Hellenic Initiative, Kathimerini newspaper, AB Vassilopoulos, the Hellenic Telecommunications Organisation (OTE), General Mills, Nestlé, Pegasus Ocean Services and Halkidon Shipping Corporation. The European Food Banks Federation (FEBA) for its ongoing training and support of our programs. The Federation of Hellenic Food Industries (SEVT) and the ELLA-DIKA MAS initiative, which promote the need to reduce food waste amongst their members. Deloitte S.A. Certified Public Accountants, which has audited the Food Bank's financial statements pro bono for the last nine years.

Panagis Vourloumis
President of the Board of Directors

So, what are “Food Banks”?

- civil society organisations
- that collect food from production surplus and other donations
- administer this appropriately
- and offer it to charitable institutions for free
- in the area where they operate

For every food donation

- the donating companies are exempt from VAT on their donations
- our fellow citizens, who are in need, benefit from these donations
- there is no environmental burden

Are there many Food Banks?

- in **30** European Countries
- A total of **351** Food Banks
- and in Greece there are **6: Attica, Thessaloniki, Thessaly, Drama, Epirus and Crete!**
- they exchange ideas and are represented internationally by the **European Food Banks Federation (FEBA)**



It's 8 a.m. and the atmosphere on a side street in the town of Kryoneri, Attica, is intense. Trucks are coming and going, emptied and filled. It's the moment when two worlds, providers and beneficiaries, meet. The meeting point is a Food Bank, where volunteers have managed the exchange of food for years. Normally they get food that is close to its expiration date or which it is thought won't be sold in time [...]

John Van Hengel, established the first Food Bank in Arizona (USA) in 1967. The idea quickly gained traction in Europe and the rest of America [...]

Ioanna Fotiadi, Kathimerini

How do food banks operate? They:

1



Collect food surplus from:

- Food industries
- Super Market Chains
- Food traders
- Agricultural Cooperatives
- Government agencies
- Citizens

2



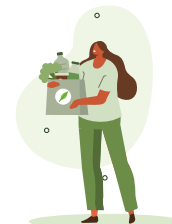
Store products safely, in suitable conditions

3



Donate the food to soup kitchens in the area where they operate

4



Ensure the food reaches the final recipients, the people who need it



2022 In Numbers

Overall throughout Greece

2.172 TONS

28.300 TONS
SINCE 1995



112.126

PEOPLE



48.469 CHILDREN

22.082 ELDERLY

13% DISABLED

182

FOOD COMPANIES



Member of the Coalition
for the Reduction of Food Waste

WITH THE SUPPORT OF



ΣΥΝΔΕΣΜΟΣ ΕΛΛΗΝΙΚΩΝ ΒΙΟΜΗΧΑΝΙΩΝ ΤΡΟΦΙΜΩΝ

WITH
THE
SUPPORT
OF





324

CHARITIES



15 NURSING HOMES

231 SOUP KITCHENS

19 CHILD CARE INSTITUTIONS

4 RESIDENTIAL INSTITUTIONS

34 SUPPORT BODIES FOR DISABLED
PERSONS & MENTAL HEALTH CENTERS

6 DRUG REHABILITATION CENTERS

5 SUPPORT STRUCTURES FOR
REFUGEES AND IMMIGRANTS

10 VARIOUS SUPPORT STRUCTURES

FOR EVERY KGR
OF PRODUCTS

0,17€

OPERATIONAL COST



15

BENEFIT/COST



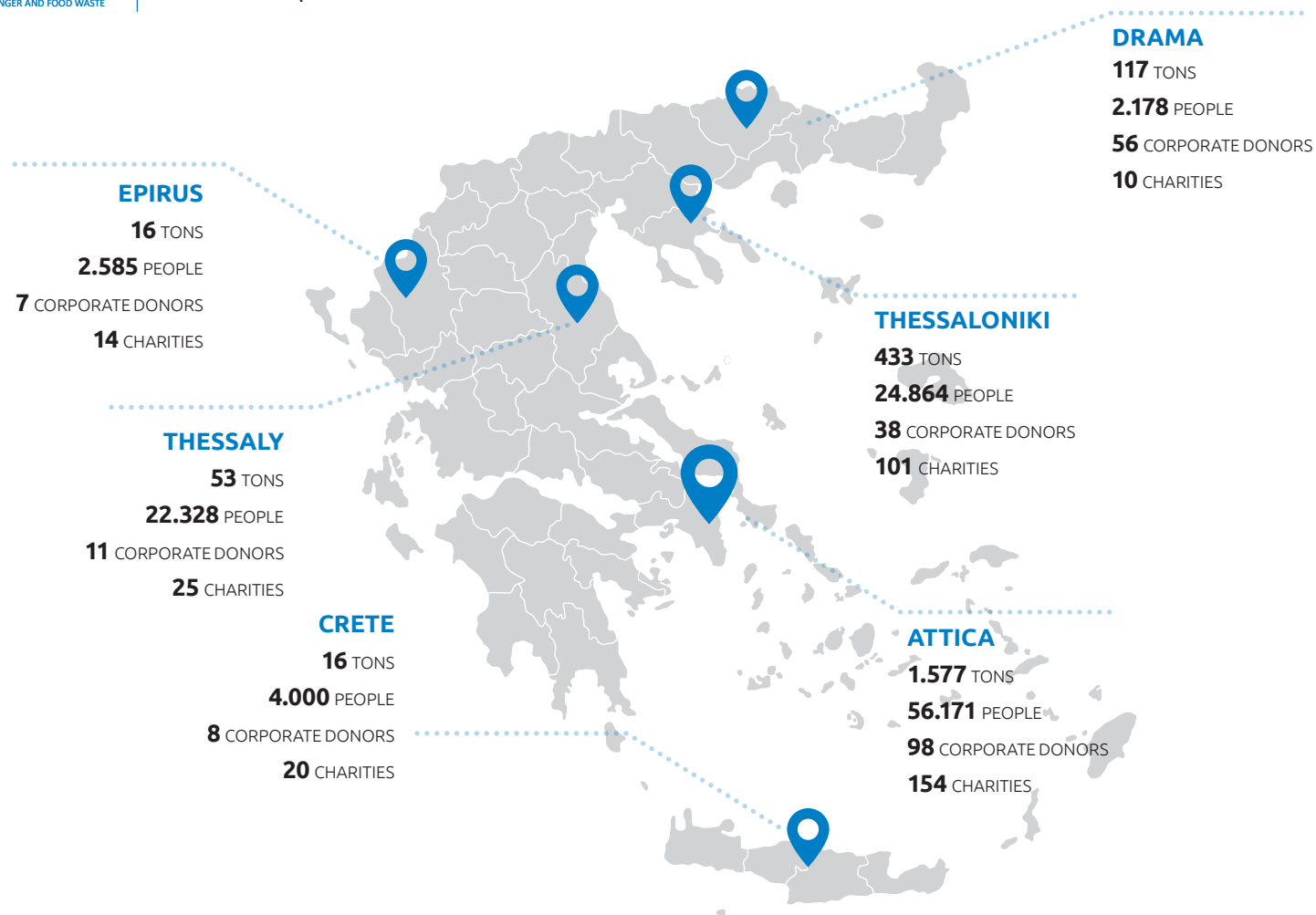
a **Member** of the European Food
Banks Federation (FEBA)



Our Gratitude

To the welfare foundations and companies that help us operate





* Including 46 tons exchanged between the food banks

Actions

Food Needs 2

in the general population

SURVEY ON THE NEEDS OF SOUP KITCHENS
SUPPORTED BY THE ATHENS FOOD BANK



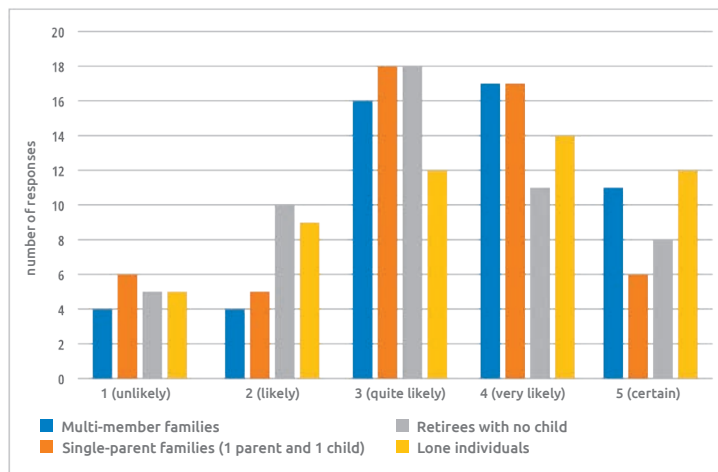
Athens, June 2022

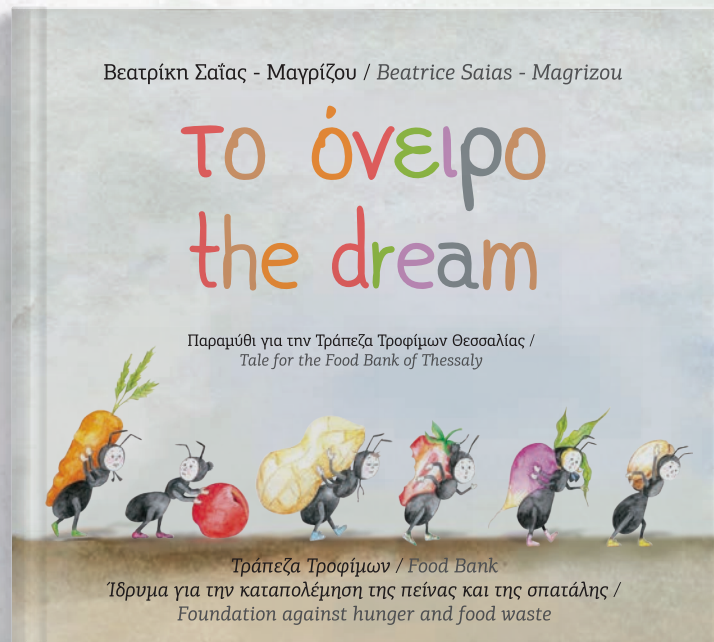
In June 2022, the Food Bank published the results of its survey, 'Food needs in the general population 2'.

This publication presents the data we have gathered on food insecurity and, at the same time, expresses our concerns for the future.

According to Eurostat, 12.4% of Greece's population was experiencing food insecurity in 2020. We can safely conclude from the remaining data that this percentage has clearly increased, without, however, being able to assess this increase in numerical terms.

Fig. 11: From your experience, how likely is it for the families below to face problems in finding food?





'The dream'

The dream' is a very timely story about solidarity, protecting nature and combating hunger.

It is an initiative of the Thessaly Food Bank and participating volunteers.

All of those who worked to create the book did so voluntarily, with zeal and joy. The goal of its creation was to teach our children about the ideals of volunteering and the value of food.

The book is provided free of charge by the Food Bank.





Actions



With the participation of hundreds of volunteers, we collect food from shoppers at supermarkets and in cooperation with companies at their work-place.

Some actions had already begun in 2022 after Covid-19 had started to subside, and we were able to collect 37,226 kg of food. Our targets for 2023 are even higher!

Contact us so you can help, too!
info@foodbank.gr





Actions

'food salvage' fresh fruit and vegetables

We are taking action so that good quality fresh fruit and vegetables, which have not been sold in time, can be distributed to people who need them.

Every week, we collect food from selected companies. These foods are used to meet the needs of soup kitchens, homeless people and refugees in Athens.



WATCH THE VIDEO

We **reduce** food waste
We **combat** hunger
We **protect** the environment

with the support of

suyana





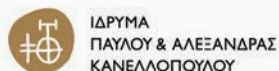
Your **contribution**
makes the difference



A big **Thank you** to the companies that
contributed to this great success



Emergency Food Fund



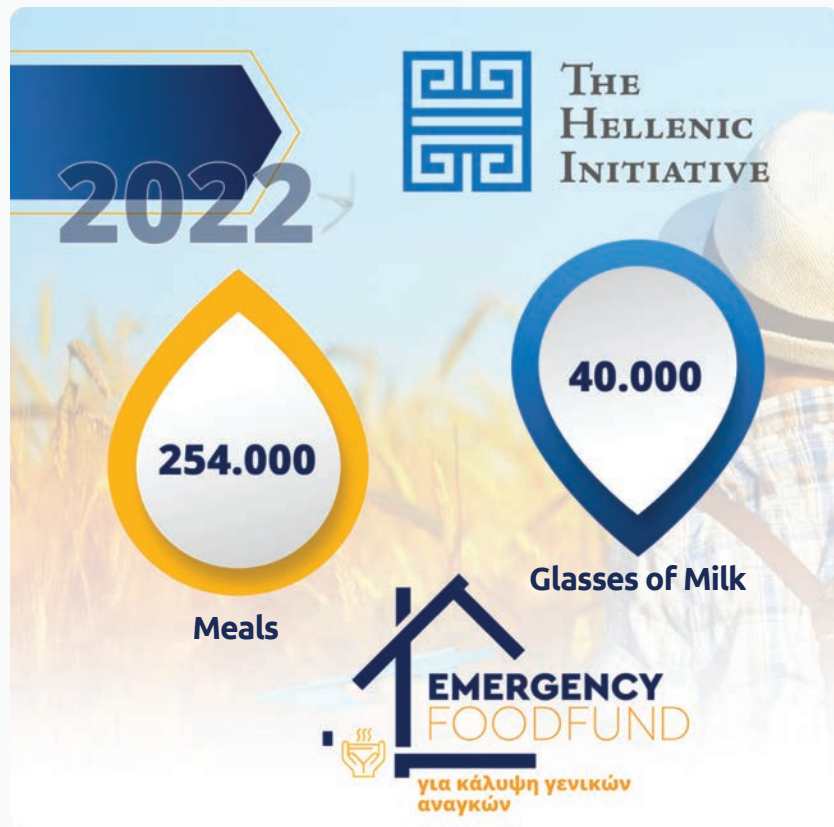
Individual programs, with different sponsors and specific results, are implemented under the **Emergency Food Fund** umbrella.

These programs serve the needs of families, the elderly, and children, in cooperation with selected soup kitchens and institutions from the Food Bank network.





Emergency Food Fund



Funded by

The **Andreas
Mentzelopoulos**
Foundation



415.000

MEALS AND

40.000

GLASSES OF MILK

In cooperation with **60 non-governmental organizations** in Attica's neighborhoods, we have provided 415,000 meals and 40,000 glasses of milk to support families in need



Emergency Food Fund

2022

EMERGENCY FOODFUND
για παιδιά

47.586
glasses of milk with cereal

2nd Year in a Row!
We Provided Breakfast for

5.375 Children

M
MYTILINEOS



With the support of
TIMA
Charitable Foundation



From the middle of 2022 and until June 2023, the Food Bank supports by food purchases, 25% of the food needs for 8 selected non-profit nursing homes in Attica.

239 Elderly
91 Bedridden

As of December, we've already
provided **3,113 kg of food donations**

INCLUDING MILK PRODUCTS, FRUITS,
VEGETABLES, OLIVE OIL, AND MORE.

Emergency Food Fund



ΙΔΡΥΜΑ
ΠΑΥΛΟΥ & ΑΛΕΞΑΝΔΡΑΣ
ΚΑΝΕΛΛΟΠΟΥΛΟΥ

Funded by

**Paul and Alexandra
Canellopoulos Foundation**



The Paul and Alexandra Canellopoulos Foundation is providing support for the establishment of new food banks in Epirus and Crete

5,293 kg of products have been already distributed and the program will be continued until the middle of 2023.



Emergency Food Fund



SANI | IKOS
GROUP

With the support of the Sani | Ikos Group, 55 tons of food were sent to Romania for the needs of Ukrainian refugees, while part of this amount was also able to get into Ukraine.

The Romanian Food Bank has served hundreds of thousands of Ukrainian refugees since the early days of the war. Right now, about 9,000 Ukrainians are receiving its assistance, though food donations continually dwindle.

Support from FEBA covered the cost of shipping the products. Additionally, we also visited refugees facilities in Bucharest in person. Schools have been converted to camps, while families with young children wait patiently, asking for assistance.



Moreover, 22 tons of essential products were shipped to Bucharest after additional company donations.





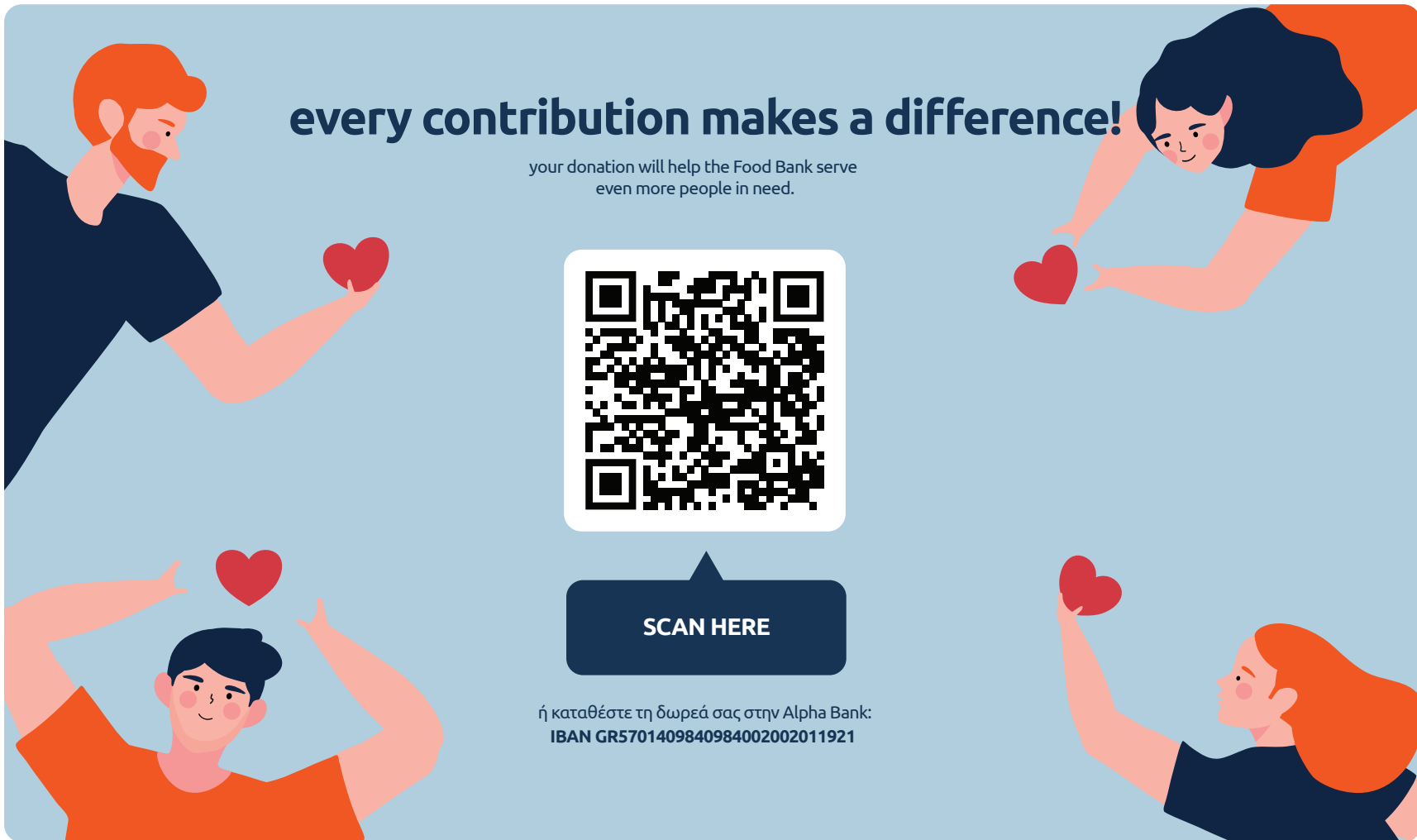
every contribution makes a difference!

your donation will help the Food Bank serve
even more people in need.



SCAN HERE

ή καταθέστε τη δωρεά σας στην Alpha Bank:
IBAN GR5701409840984002002011921





Thessaloniki Food Bank



433

TONS OF FOOD

24.864

PEOPLE

38

COMPANIES

101

SOUP KITCHENS & INSTITUTIONS

10

PREFECTURES IN N. GREECE

"Our warmest thanks for your kind donations, which will play a significant role in our efforts to provide high-quality services to our elderly residents."

CARE FOR PONTIAN WOMEN - Diamantideios Home for the Elderly

"The support you offer and the social awareness you exhibit is very touching and gives us strength to continue our work towards a better quality of life for children with autism."

'ELPIDA' ASSOCIATION FOR PERSONS WITH AUTISM & PERSONS WITH AUTISM AND COGNITIVE DISABILITY

"Please accept our warmest thanks for your contribution and participation in our efforts to achieve the goals and objectives of our daycare centre."

'AGIOS STYLIANOS' THESSALONIKI MUNICIPAL DAYCARE CENTRE

"Sincerest thanks for supporting our social solidarity actions to provide relief for our fellow citizens in need. We hope your actions will serve as an example for others."

MUNICIPALITY OF KALAMARIA

"We extend our thanks for the donation of products to our association; you are actively helping in the struggle to prevent drug addiction and help people recover."

RETO HELLAS

"Your generous contribution is a tangible demonstration of the principles of solidarity and assistance for our fellow human beings."

CENTRAL MACEDONIA SOCIAL WELFARE CENTRE

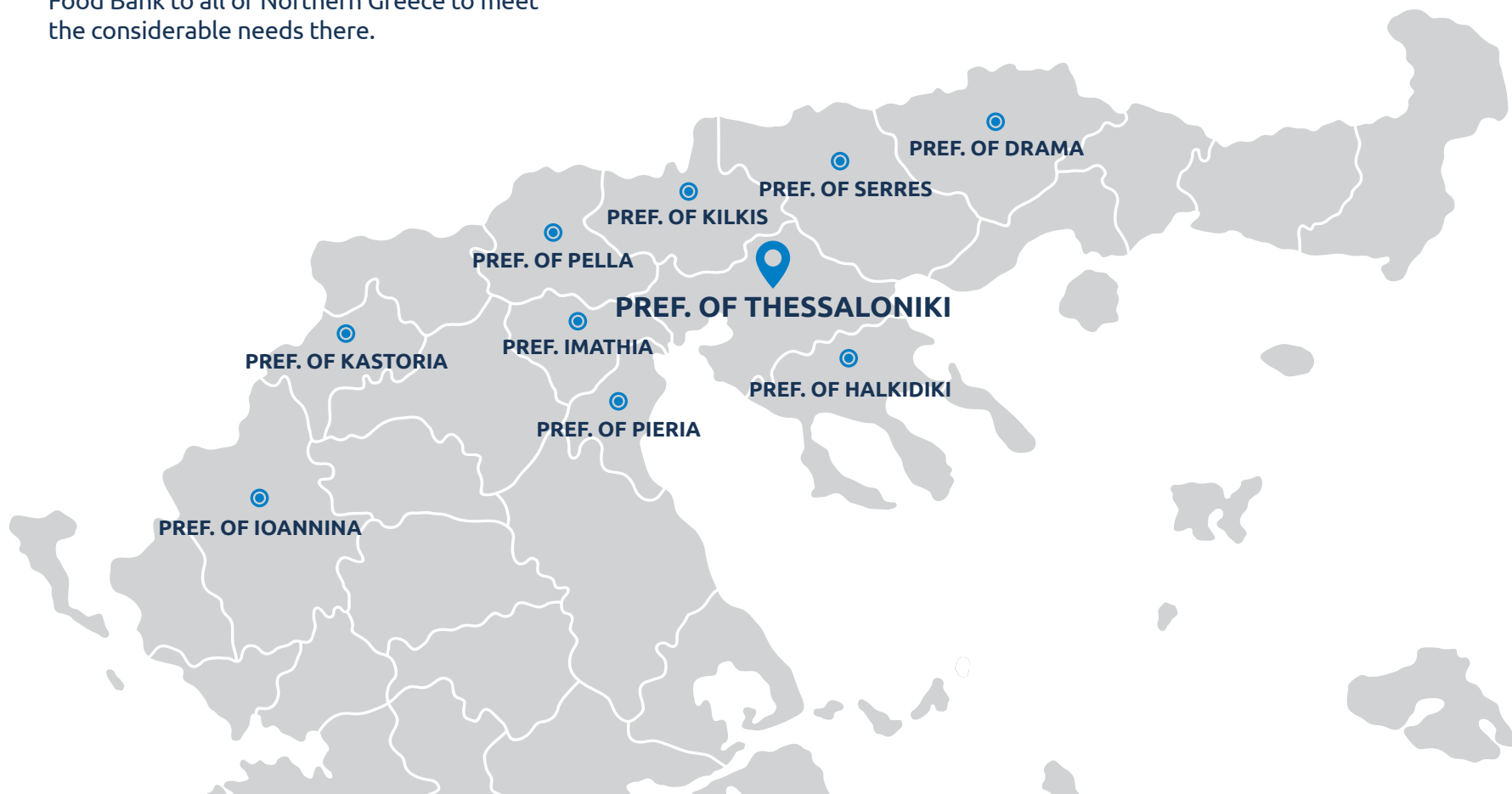
"Our warmest thanks for your dedicated support and assistance in the social and charitable work of the Holy Metropolis."

HOLY METROPOLIS OF LAGADA, LITI AND RENTINA



Thessaloniki Food Bank

Food assistance travels from the Thessaloniki Food Bank to all of Northern Greece to meet the considerable needs there.





Thessaly Food Bank



53

TONS OF FOOD

22.328

PEOPLE

11

COMPANIES

25

SOUP KITCHENS AND INSTITUTIONS



"We received a large quantity of long shelf-life food products from your warehouse once again, and we would like to extend our warmest and most heartfelt thanks."

**'IOANNIS CHRYSOSTOMOS'
CHARITABLE SOCIETY SOCIAL
SHELTER**

""We would like to thank you for your generous and selfless participation with the goods you donated and hope you will always be able to stand beside families with three children."

**LARISA PREFECTURE ASSOCIATION
OF FAMILIES WITH THREE CHILDREN**

Drama Food Bank



117

TONS OF FOOD

2.178

PEOPLE

56

COMPANIES

10

SOUP KITCHENS AND INSTITUTIONS



- **8.7 tons of vegetables** in cooperation with producers at the Drama farmers' market.
- **6.2 tons of bread and bakery products** in cooperation with local shops.
- **'The Collection Boxes of Love'** in cooperation with a total of 21 local shops to support the Food Bank of the Ladies Union of Drama-House of Open Hospitality.
- **'Food of Love'** in cooperation with AB Vassilopoulos and Sklavenitis, regularly receiving foods that are edible but considered unmarketable from the companies' stores in Drama
- **'Collection and distribution of prepared foods'** in cooperation with 16 local businesses active in the catering industry.

Epirus Food Bank



16

TONS OF FOOD

2.585

PEOPLE

7

COMPANIES

14

SOUP KITCHENS AND INSTITUTIONS

The Epirus Food Bank was established on initiative of Konstantinos Papageorgiou and is now in operation.

With the generous support of PTL LLP transport and logistics company, it maintains a warehouse in Arta and Ioannina, and since March 2022, has provided free food to soup kitchens and institutions in Epirus.



Food Bank of Crete



16

TONS OF FOOD

4.000

PEOPLE

8

COMPANIES

20

SOUP KITCHENS AND INSTITUTIONS

The Food Bank of Crete opened its doors in May 2022 under the auspices of the Association of Members of Women's Associations of Heraklion.

In its first few months of operation, it had already donated 16 tons of products to 4,000 people in Heraklion.

We are very grateful to the Xalkiadakis supermarkets for granting us use of the space we need for storage.





HELLENIC FOOD BANKS 2022



Member of the European
Food Banks Federation
(FEBA)

www.eurofoodbank.org



Contact Us:

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