



FOOD BANKS

Athens | Thessaloniki | Thessaly | Drama | Epirus | Crete

Annual Report 2021

Statistical Data



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Food Bank

The Annual Report shows the total food distribution, the number of donating companies, the people we help.

In 2021, Greece was still in the grip of the pandemic for the second year running. Despite the difficulties, all the Food Banks continued to operate without interruption, supporting more people. A total of 2,168 tons of food was distributed compared to 2,359 in 2020 and 1,414 in 2019. The significant rise in 2020 was due to the fact that Covid caused a sudden reversal of food production programs, so we received increased amounts of surplus food that the market could not absorb. While a decline in distribution in 2021 had been expected, in the end volume remained high, a sign of the companies' confidence to our work.

Our efforts to establish new Food Banks continued. In December 2021, the statutes of the Epirus Food Bank were approved, with Mr Konstantinos Papageorgiou as president. The new Food Bank is already up and running, bringing the total to five, and we hope to welcome another one soon in Crete. Alongside our daily activities we conducted research on 'food needs in the general population'. The results showed that the nutritional needs of vulnerable groups and individuals appear to be increasing mainly supported by the private

sector (donations from private individuals, companies, Food Bank). The research brochure is published on the institution's website where you can also find other interesting data.

The 'Emergency Food Fund' project that we launched in 2020 has been very successful, the analytical results of which are presented in the following pages. Special thanks go to The Andreas Mentzelopoulos Foundation, The Hellenic Initiative, TIMA Charitable Foundation and MYTILINEOS S.A., for supporting this initiative.

Many thanks to all who contributed to our operating expenses including the A.G. Leventis, Ioannis S. Latsis and Bodossaki Foundations, AB Vassilopoulos, OTE, General Mills and Nestle. Furthermore, we appreciate the support to our programs and continuing training provided by the European Food Banks Federation (FEBA). We are also grateful to the Federation of Hellenic Food Industries (SEVT) and the ELLA-DIKA-MAS initiative, which are promoting the need to reduce waste among their members. Finally, we express many thanks to Deloitte Certified Public Accountants S.A., which during the last eight years has conducted audits of the Food Bank free of charge.

Panagis Vourloumis
President BoD



So, what are “Food Banks”?

- civil society organisations
- that collect food from production surplus and other donations
- administer this appropriately
- and offer it to charitable institutions for free
- in the area where they operate

For every food donation

- the donating companies are exempt from VAT on their donations
- our fellow citizens, who are in need, benefit from these donations
- there is no environmental burden

Are there many Food Banks?

- in **29** European Countries
- A total of **336** Food Banks
- and in Greece there are **5!** Attica, Thessaloniki, Thessaly, Drama, Epirus and, coming soon, Crete!
- they exchange ideas and are represented internationally by the **European Food Banks Federation (FEBA)**



It's 8 a.m. and the atmosphere on a side street in the town of Kryoneri, Attica, is intense. Trucks are coming and going, emptied and filled. It's the moment when two worlds, providers and beneficiaries, meet. The meeting point is a Food Bank, where volunteers have managed the exchange of food for years. Normally they get food that is close to its expiration date or which it is thought won't be sold in time [...]

John Van Hengel, established the first Food Bank in Arizona (USA) in 1967. The idea quickly gained traction in Europe and the rest of America [...]

Ioanna Fotiadi, Kathimerini



How do food banks operate? They:

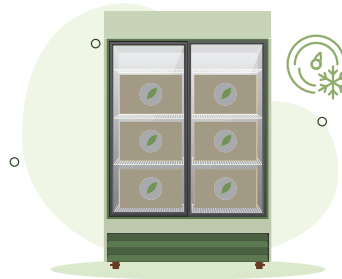
1



Collect food surplus from:

- Food industries
- Super Market Chains
- Food traders
- Agricultural Cooperatives
- Government agencies
- Citizens

2



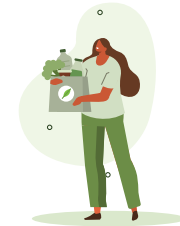
Store products safely, in suitable conditions

3



Donate the food to soup kitchens in the area where they operate

4



Ensure the food reaches the final recipients, the people who need it



Statistical analysis of food distribution

2021, Food Banks - Greece

2,168
TONS

97,722
PEOPLE

170
FOOD COMPANIES

275
CHARITIES

26,000
TONS SINCE 1995

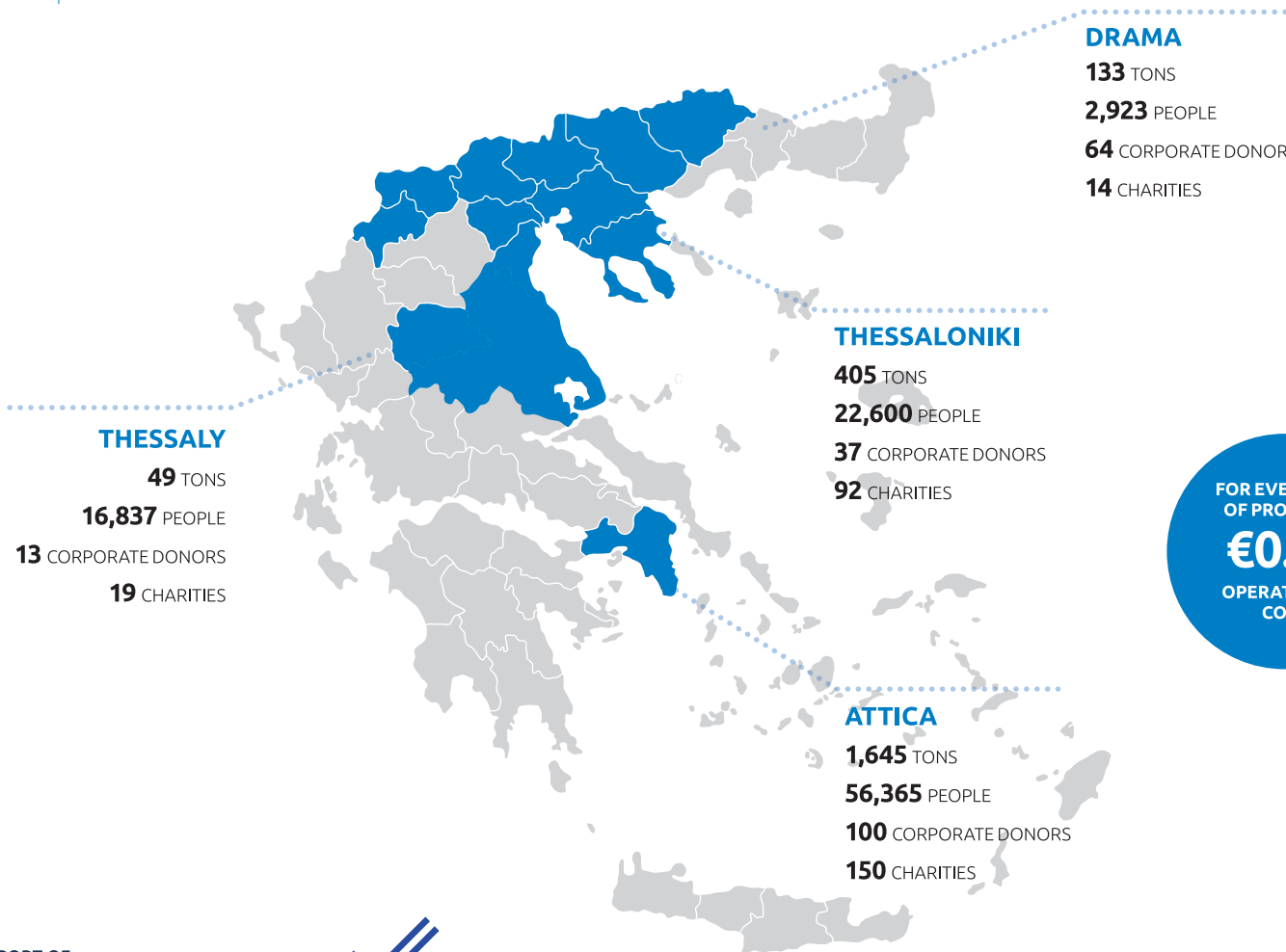
Tons of products



Member of the Coalition for the Reduction of Food Waste

A member of the European Food Banks Federation (FEBA)





THESSALY
49 TONS
16,837 PEOPLE
13 CORPORATE DONORS
19 CHARITIES

THESSALONIKI
405 TONS
22,600 PEOPLE
37 CORPORATE DONORS
92 CHARITIES

ATTICA
1,645 TONS
56,365 PEOPLE
100 CORPORATE DONORS
150 CHARITIES

DRAMA
133 TONS
2,923 PEOPLE
64 CORPORATE DONORS
14 CHARITIES

FOR EVERY KGR
 OF PRODUCTS
€0.16
 OPERATIONAL
 COST

COST
 ———
 BENEFIT
16

WITH THE SUPPORT OF

 FEDERATION OF HELLENIC FOOD INDUSTRIES

WITH
 THE
 SUPPORT
 OF


* Including 65 tons exchanged between the food banks



Food categories



FRUITS AND VEGETABLES

276,886 kg



BABY FOOD

4,303 kg



PREPARED FOODS

41,487 kg



DAIRY PRODUCTS

456,585 kg

2,168

TONS OF FOOD IN 2021



BEVERAGES

281,219 kg



CEREALS & BAKED GOODS

409,321 kg



CONFECTIONERY

219,383 kg



OTHER FOODS

127,139 kg



PROTEIN-BASED PRODUCTS

89,939 kg



FATS AND OILS

139,921 kg



CLEANING & PERSONAL
HYGIENE PRODUCTS

122,291 kg



Epirus Food Bank



"We feel very lucky as large industries in the area, such as those involved in dairy and poultry production, as well as supermarkets embraced our initiative right from the start. We have two warehouses, in Arta and Ioannina, so we are able to cover the needs of the entire region. We already count 500 beneficiaries, including residents of institutions (nursing homes, orphanages, support structures for the disabled etc.) and we expect that individuals and families in need of support will also join the list. Our aim is to keep them regularly supplied with enough food and basic necessities".

Konstantinos Papageorgiou
President of Epirus Food Bank



Food donations from a nursery school in Ioannina.



IN ATTICA:
155 charities



We also donated food to another **26 charitable organisations** on an occasional basis

In 2021 we donated on average **10,171kg food/charity**



Beneficiaries in Attica:

56,365
BENEFICIARIES



CHILDREN

23,420



ELDERLY

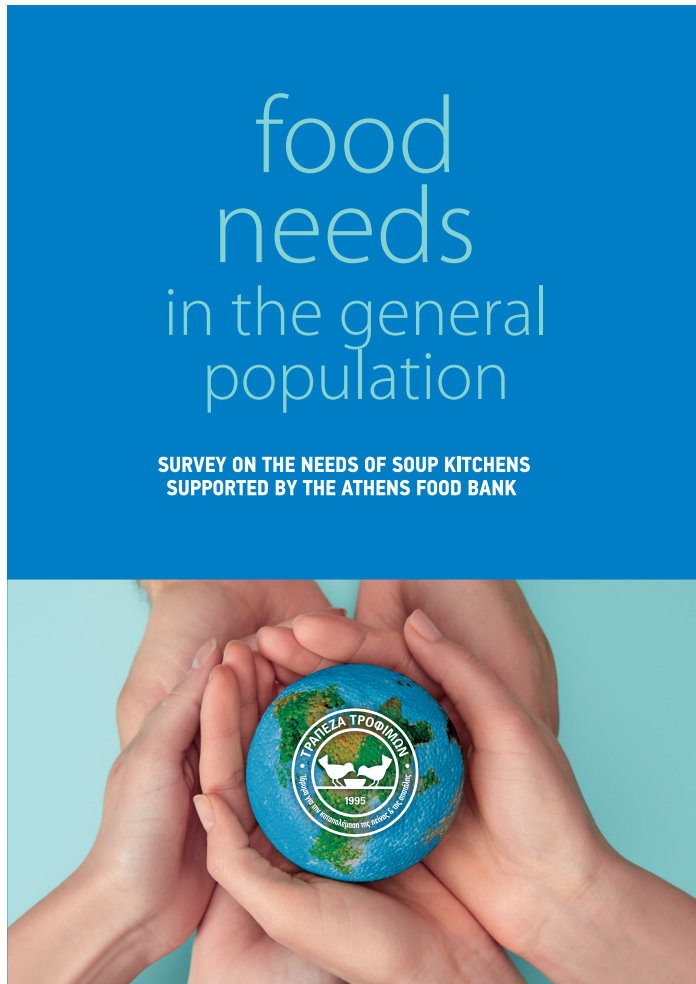
10,353



DISABLED

13%

In 2021, we donated in average **27kg food/beneficiary**



In February 2021, the Food Bank published its survey, **“Food needs in the general population”** on the needs of the soup kitchens that it supports in Attica.

Who organises the soup kitchens? Who do they help? What are their food needs? Where do they get food, and from whom? Simple questions, answered by 46 soup kitchens, which regularly feed 16,916 persons.

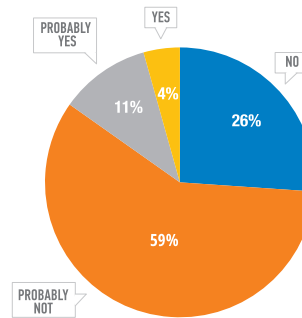


Figure 7: Do you think the unemployed people you help will be able to find work in the next 2 years?

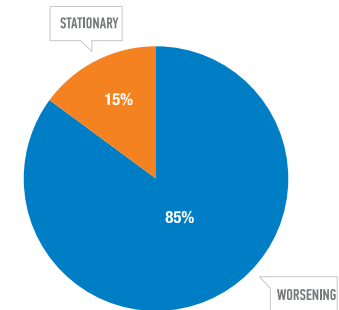


Figure 10: How do you see the needs of the people you support changing?

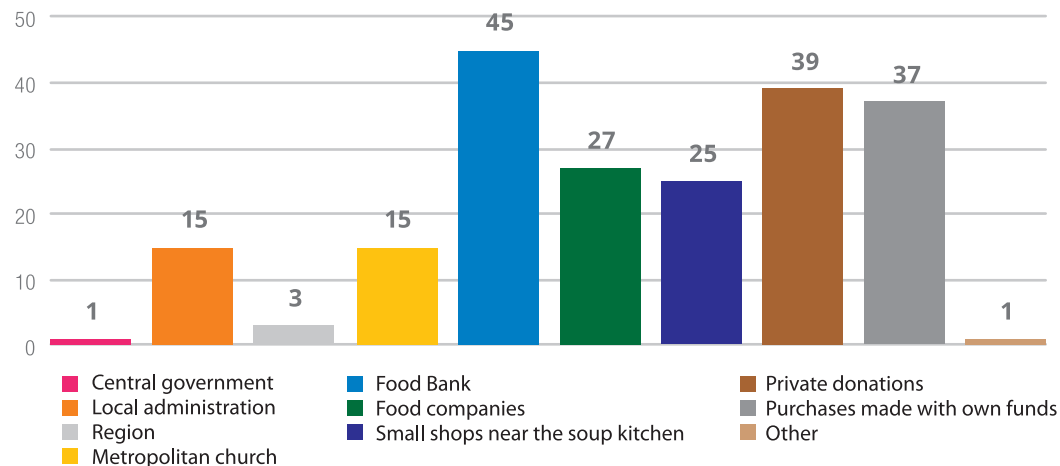
- From the recorded responses, 85% predict the situation will worsen, while the other 15% believe the same number of people will continue to be in need in the future.
- It was interesting that 11 responses (24%) commented on the need for psychological support.



Food needs in the general population

- On average, a soup kitchen receives supplies from 4.5 different sources.
- Food sources of an institutional nature (central government, municipalities, region, metropolitan church) contribute a small share.
- Soup kitchens mostly rely on food purchased with their own funds, contributions from private citizens and businesses (food companies, small shops near the soup kitchen).
- Soup kitchens included in the Food Bank Network have an additional source of food for 30% of their needs, according to their responses.
- The number of people who are in need is growing, while the full impact of the pandemic has not yet been felt.
- Needs are growing, i.e. someone who already needed support before the pandemic now needs even more assistance.
- The difficulty of finding food which could meet these needs is growing.

Figure 11: Indicate which of the following are sources for your food



M.T. is 65 and divorced. He lives in his own home, which is dilapidated and without electricity. He has no income. He finds occasional day work when he can.

R.E. is 41, lives in a house for free in the ... area, together with her underage child. She is unemployed and has many problems in her relationship with her adolescent child.

A.P. is 47, she does not work and her partner has abandoned her. She lives at her eldest daughter's house with her two underage children, 12 and 6. She receives a large-family benefit of €280 every two months.

A.C. Is 48 years old, a resident of.... Mrs. X is divorced, with one child, 28-year-old S.F., she has cancer and cannot work





The **Emergency Food Fund** is a program of the Food Bank, launched in 2020 to cover nutritional needs.

The **Emergency Food Fund** is an umbrella program that includes discreet targeted actions, from specific donors, and with specific results, covering the nutritional needs of families, the elderly and children, who receive the help of charities in the Food Bank Network.



Throughout 2021, the Food Bank was able to buy packaged food with a long shelf life and high nutritional value, thanks to the funding from the Hellenic Initiative.



purchases of essential foodstuffs

17 purchases of essential foodstuffs were made during the year, obtaining prices from various suppliers almost at cost



was allocated to purchase food from Greek producers

A total of 420,000 portions of food were distributed



TOTAL **420.000** food portions



58.000 more food portions

through resource management, enough savings were realised to allow us to provide 58,000 more food portions



these portions fed **54.400** people



23.600 minors



10.500 elderly



13%

were people with disabilities or mental illness

“ The Food Bank illustrates the reality that the effects of the Greek economic crisis will linger in the form of a weakened ability to confront new challenges. Thankfully, THI is able to work with groups like Food Bank that are able to immediately help people in need.

Maria Allwin, THI Board Member



“ The funds THI raised during its first ever virtual Gala are already supporting the ones who need it the most. Covid-19 continues to ravage communities in Greece, creating for many food insecurity. This THI gift will allow the Food Bank to purchase food items that are rarely donated but remain very important for a healthy and nutritional diet.

Michael Printzos, THI's Program Director





with the participation of **59** soup kitchens from all Attica

The program provided a total of

469,000
meals



87,000
glasses of milk

these portions fed **34,791** people

of which **17,714** were children



A small part of the program was used to support victims of the fires that broke out in the summer in the Peloponnese.

300
persons



Pefkes–Ancient Olympia, Dodekametro–Gortynia and nearby villages

We provided packaged foodstuffs for use in preparing food



16.000
portions of food

“ There are no words enough to thank you, you have helped us more than anyone else... ”

From the fire victims of Peloponnese



The goal of the program is to support the following
8 care (nursing) homes in Attica,

support to



care homes in Attica

thus covering



of each care home

“ the large donation of items, through TIMA foundation’s Emergency Food Fund program... contributes greatly towards ensuring a higher standard of living, a better quality of life... the increased protection measures have put our foundation in a very difficult situation of stagnation, and sadly the prospects look grim. Although of course your supplies are always a breath of fresh air to us... ”

Mrs. Elli Thanogianni
Meropeio’ Charitable Foundation



8.980 kg
supplies purchased

accommodation ensured for

10 X **4**
people months



 **267**
elderly persons

of whom **141**
are bedridden 



Thanks to the financial support provided throughout 2021 by MYTILINEOS S.A., the Food Bank has been able to cover the nutritional needs of children in orphanages, children with special needs and children from large families.

Participation: **25** organisations from all over Attica

“ ...You provide us with the essentials that we would otherwise have had to buy at a time when we are having financial problems. The financial situation of many families whose children are receiving treatment from us has deteriorated significantly. In fact, I have to admit that now and again we give some of the items you provide us with to families so that the children can have milk also at home! We are trying to help them to keep going [...] a big thank-you to you all, and to Mytilineos for supporting you!

Tassos Marianos
ELEPAP (Rehabilitation for the Disabled)

“ ... Many thanks for your precious help to the Together for Children Association, through the specific Program financed by Mytilineos S.A.... families in dire financial straits can ensure their children get breakfast through this sponsorship, and we are very glad that you are supporting this effort.

Together for Children Association

Through the program



61.338
glasses of milk & cereals were distributed

to **3.784** children



of whom **149** are living in institutes



and **1.448** are disabled





Thessaloniki Food Bank



ΤΡΑΠΕΖΑ ΤΡΟΦΙΜΩΝ
ΘΕΣΣΑΛΟΝΙΚΗΣ

405

TONS FOOD

22,600

PEOPLE

37

CORPORATE DONORS

92

CHARITIES

12

PREFECTURES IN N. GREECE

"We warmly thank you for your continuous support of our great humanitarian work, which enables us to be consistently & actively present in all crisis situations."

Hellenic Red Cross

*"The **Thessaloniki Ladies Philoptochos Sisterhood**" expresses its warmest thanks and gratitude for your constant precious support'.*

"Thank you for your support and your many years of collaboration with us, which is now more valuable than ever in these very difficult times".

Benjamin Child Support Society of Katerini

"We warmly thank the Thessaloniki Food Bank for its support of the work of the social kitchen."

Municipality of Serres

"Thank you very much. Your contribution exemplifies the important and highly commendable social work you are doing."

Social Grocery of the Municipality of Alexandria, Imathia

"Many thanks for your valuable support, social contribution and practical solidarity expressed by your kind donation."

Municipality of Konitsa



Thessaloniki Food Bank



The Thessaloniki Food Bank is continuously modernising and renovating its facilities in order to provide even greater quantities to more of our fellow beneficiaries.





Thessaloniki Food Bank



“

‘Many thanks for your donation that is helping to boost the Hospital in these times of health crisis, recognizes and supports the efforts of the employees to provide quality services to the public and demonstrates your firm commitment to promote the fundamental asset of citizens’ health.’

“IPPOKRATEIO” General Hospital of Thessaloniki

Sending food to hospitals in Thessaloniki, to support the health staff:

- “IPPOKRATEIO” General Hospital of Thessaloniki
- “Agios Dimitrios” General Hospital of Thessaloniki
- “Papageorgiou” General Hospital of Thessaloniki
- “Georgios Papanikolaou” General Hospital of Thessaloniki





Thessaly Food Bank



30,953

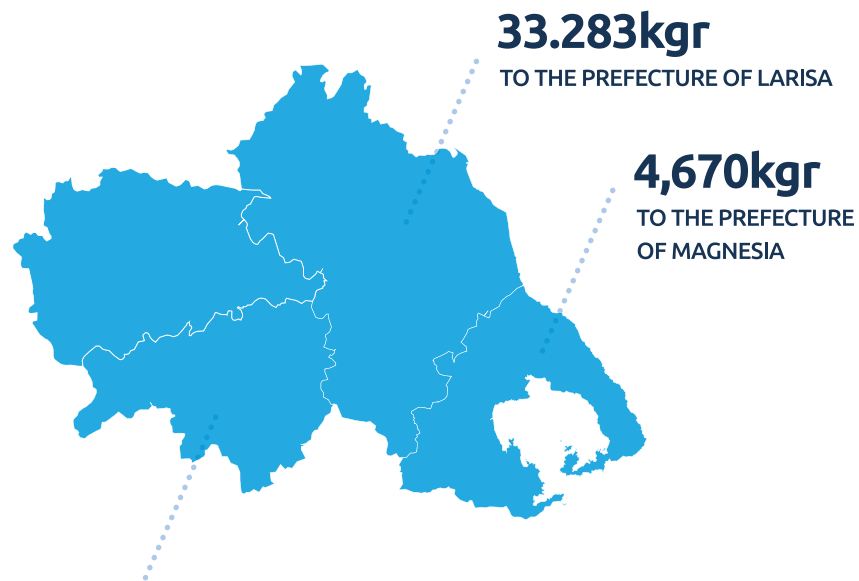
PEOPLE

13

CORPORATE DONORS

19

CHARITIES



"... you remind us of God's love, you fill us with optimistic messages and give us the chance to feel better people. Thank you so much..."

Special Juvenile Detention Centre of Volos 10.11.2021



Thessaly Food Bank



Delivering food to the Association of Parents, Guardians and Friends of People with Autism, Larissa Prefecture



Award from the Three Children Families Association



Drama Food Bank



133

TONS FOOD

2,923

PEOPLE

64

CORPORATE DONORS

14

CHARITIES



- 4.5 Tons of Vegetables that would otherwise have been wasted, in collaboration with producers from the Farmers' Market of Drama.
- 5.5 Tons of Bread and Bakery products in collaboration with local shops.
- "The Collection Boxes of Love" in collaboration with a total of 18 local shops to support the Food Bank of the D.L.U. (Ladies Union of Drama – House of Open Hospitality).
- "Love Food" in collaboration with AB Vassilopoulos, regularly receiving from the 2 AB stores in Drama, foods that are edible but considered unmarketable.

Many thanks to the Hellenic Initiative for its support to Drama Food Bank by covering the annual salary for a full-time employment, for one year.





Drama Food Bank



In 2021 Drama Food Bank doubled its premises.



And, thanks to AB Vassilopoulos' funding, acquired new equipment: 4 commercial refrigerators and freezers.



HELLENIC UNION OF FOOD BANKS



ΤΡΑΠΕΖΑ ΤΡΟΦΙΜΩΝ
ΘΕΣΣΑΛΟΝΙΚΗΣ



2018
ΤΡΑΠΕΖΑ ΤΡΟΦΙΜΩΝ
ΘΕΣΣΑΛΙΑΣ



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(FEBA)

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